

## MONDAY

Homemade Bread

**Dish of the Day**  
BBQ Marinated  
Chicken Escalop

**Vegetarian Option**  
Stuffed Peppers with  
Spiced Cous Cous

**Today's Vegetables**  
Buttered New Potatoes  
Green Beans & Corn

**Today's Alternative  
Choice**  
Jacket Potato

**Salad bar**  
Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

**Dessert**  
Flapjack  
**or**  
Fruit Salad Pots  
**or**  
Natural Yoghurt Pots

## TUESDAY

Homemade Bread

**Dish of the Day**  
Lamb Meatballs with Pasta &  
Tomato Sauce & Garlic Bread

**Vegetarian Option**  
Vegetable & Tomato  
Bolognaise With Pasta  
& Garlic Bread

**Today's Vegetables**  
Roasted Courgettes  
Steamed Carrots

**Today's Alternative  
Choice**  
Simple Pasta

**Salad bar**  
Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

**Dessert**  
Rocky Road Tray Bake  
**or**  
Fruit Salad Pots  
**or**  
Natural Yoghurt Pots

## WEDNESDAY

Homemade Bread

**Dish of the Day**  
Pork  
Sausages with Gravy

**Vegetarian Option**  
Quorn  
Sausages with Gravy

**Today's Vegetables**  
Mashed Potato &  
Baked Bean & Peas

**Today's Alternative Choice**  
Jacket Potato

**Salad bar**  
Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

**Dessert**  
Chocolate Mousse  
**or**  
Fruit Salad Pots  
**or**  
Natural Yoghurt Pots

## THURSDAY

Homemade Bread

**Dish of the Day**  
Roast Turkey  
With Gravy

**Vegetarian Option**  
Roasted Mediterranean  
Quorn and vegetables

**Today's Vegetables**  
Roast Potatoes  
Broccoli & Carrots

**Today's Alternative Choice**  
Simple Pasta

**Salad bar**  
Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

**Dessert**  
Apple Crumble & Custard  
**or**  
Fruit Salad Pots  
**or**  
Natural Yoghurt Pots

## FUN FOOD FRIDAY

Homemade Bread

**Dish of the Day**  
Fish Fingers  
Served with oven baked chips

**Vegetarian Option**  
Filled Jacket potato filled with  
cheese or tuna

**Today's Vegetables**  
Oven Baked Chips  
Baked Beans or Peas

**Today's Alternative Choice**  
Jacket Potato

**Salad bar**  
Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

**Dessert**  
Ice Cream and fan wafer  
**or**  
Fruit Salad Pots  
**or**  
Natural Yoghurt Pots



## MONDAY

Homemade Bread

### Dish of the Day

Lamb Pasta Bolognaise  
with Garlic bread

### Vegetarian Option

Macaroni Cheese  
with Garlic Bread

### Today's Vegetables

Peas & Sweetcorn

### Today's Alternative Choice

Jacket Potato

### Salad bar

Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes,  
Cucumber, Peppers, Celery,  
Beetroot, Coleslaw Cous Cous  
& Cold Pasta

### Dessert

Light Fruit Cake

or

Fruit Salad Pots

or

Natural Yoghurt Pots

## TUESDAY

Homemade Bread

### Dish of the Day

Poached White fish in a creamy  
parsley sauce

### Vegetarian Option

Feta & Spinach  
Filo Pastry Slice

### Today's Vegetables

Braised Rice  
Green Beans & Carrots

### Today's Alternative Choice

Simple Pasta

### Salad bar

Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

### Dessert

Cheese Cake

or

Fruit Salad Pots

or

Natural Yoghurt Pots

## WEDNESDAY

Homemade Bread

### Dish of the Day

Pork  
Sausages with Gravy

### Vegetarian Option

Quorn  
Sausages

### Today's Vegetables

Diced Garlic & Herb Potato  
Baked Bean & Peas

### Today's Alternative Choice

Jacket Potato

### Salad bar

Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

### Dessert

Fruit Jelly

or

Fruit Salad Pots

or

Natural Yoghurt Pots

## THURSDAY

Homemade Bread

### Dish of the Day

Roast Beef  
with Gravy

### Vegetarian Option

Simple Roasted  
Quorn Fillet

### Today's Vegetables

Roast potatoes  
Mixed Medley  
Vegetables

### Today's Alternative Choice

Simple Pasta

### Salad bar

Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

### Dessert

Banana & Date Sponge  
With Cream

or

Fruit Salad Pots

or

Natural Yoghurt Pots

## FRIDAY

Homemade Bread

### Dish of the Day

Chicken & Sweetcorn  
Pizza Slice

### Vegetarian Option

Margarita  
Pizza

### Today's Vegetables

Chips  
Baked Beans or  
Corn Cob

### Today's Alternative Choice

Jacket Potato

### Salad bar

Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

### Dessert

Cherry Sponge

or

Fruit Salad Pots

or

Natural Yoghurt Pots



## MONDAY

Homemade Bread

### Dish of the Day

Creamy Tuna  
Pasta Bake

### Vegetarian Option

Creamy Vegetable  
Pasta Bake

### Today's Vegetables

Peas & Sweetcorn

### Today's Alternative Choice

Jacket Potato

### Salad bar

Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

### Dessert

Lemon Sponge

or

Fruit Salad Pots

or

Natural Yoghurt Pots

## TUESDAY

Homemade Bread

### Dish of the Day

Beef Lasagne Served With  
Garlic Bread

### Vegetarian Option

Vegetable Lasagne Served With  
Garlic Bread

### Today's Vegetables

Tossed Salad

### Today's Alternative Choice

Simple Pasta

### Salad bar

Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

### Dessert

Cinnamon Swirl Bun

or

Fruit Salad Pots

or

Natural Yoghurt Pots

## WEDNESDAY

Homemade Bread

### Dish of the Day

Pork  
Sausages with Gravy

### Vegetarian Option

Quorn  
Sausages

### Today's Vegetables

Wedged Potato &  
Baked Bean & Peas

### Today's Alternative Choice

Jacket Potato

### Salad bar

Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

### Dessert

Chocolate Chip Shortbread

or

Fruit Salad Pots

or

Natural Yoghurt Pots

## THURSDAY

Homemade Bread

### Dish of the Day

Roast Gammon  
with Gravy

### Vegetarian Option

Cajun Quorn  
Fillets

### Today's Vegetables

Roast Potatoes  
Cauliflower & Carrots

### Today's Alternative Choice

Simple Pasta

### Salad bar

Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

### Dessert

Mixed Fruit crumble & Custard

or

Fruit Salad Pots

or

Natural Yoghurt Pots

## FRIDAY

Homemade Bread

### Dish of the Day

Beef Burger served in a bun and  
served with oven chips

### Vegetarian Option

Vegetable Burger  
Served with oven chips

### Today's Vegetables

Chips  
Baked Beans & Peas

### Today's Alternative Choice

Jacket Potato

### Salad bar

Tuna , Egg, Cheese & Ham,  
Lettuce, Tomatoes, Cucumber,  
Peppers, Celery, Beetroot,  
Coleslaw Cous Cous & Cold  
Pasta

### Dessert

Ice Cream with a fan wafer

or

Fruit Salad Pots

or

Natural Yoghurt Pots

